



Fabulous new evening class at Jubilee hall, Winsham, Near Chard TA20 4 HU

*This class is designed for you if you want to focus on ballet based **barre work for strength** and muscle tone balance, co-ordination, confidence and fun! Centre practice and dance included*

One hour plus - intensive boost - Ideal for busy women! **With Ele Hodgson. Bookings:**

Sandy Wells 01460 30579 or text 078 668 969 78

Wednesday 7 November for 6 sessions @ £8 per session £48 or £10 for drop in. 6:40 to 7:50 pm

elegantmovement@gmail.com

www.my-ballet.uk www.facebook.com/MyBalletUK

ALL ABILITIES WELCOME

You can do it with our support!